

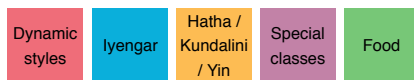
Schedule April 29th to August 25th 2019

With fewer classes in the high-summer weeks 26-32.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning		Vinyasa (NEW) Anna Egan 07:45 – 09:00	Hatha (NEW) Thomas Elneg. 07:45 – 09:00	Yin (ENG) Carin Lindberg 07:45 – 09:00			
	Yin Christina Theilg. 08:30 – 09:45				Iyengar Jack Davis (ENG) 08:30 – 10:00	Vinyasa (NEW) Anna Egan 09:00 – 10:30	
	Power (ENG) Tamas Rakosi § 10:00 – 11:30	Yin (ENG) Rachel Sandage 09:30 – 11:00	Soft Flow Zoe Voegelius § 10:00 – 11:30	Hatha (ENG) Marcello Real 10:00 – 11:30	Yin Zerina Konic § 10:00 – 11:30		Hatha Morten Kok 10:00 – 11:30
Late morning	Gentle Hatha Ann B Hansen 10:00 – 11:30					Yin (NEW) Zerina Konic 10:45 – 12:15	Light Vinyasa Olga Sjøstrand 10:00 – 11:30
		Mom&Baby ♦ Agnieszka (ENG) 11:30 – 13:00 6x			Mom&Baby ♦ Agnieszka (ENG) 12:00 – 13:30 6x	Saturday Workshops	Sunday noon Workshops
		Prenatal ♦ Agnieszka (ENG) 13:30 – 15:00 6x				Workshop lunch See dates.	Iyengar Claus Sorensen 12:00 – 13:30
After-noon		Yoga&Meditation Marcello R (ENG) 15:30 – 16:45	Gentle/ Restoratives Marie-Louise T 15:15 – 16:45	Yin from 23/5 Christina Theilg. 15:30 – 16:45	Hatha Morten Kok 15:00 – 16:30		Yin (ENG) Rachel Sandage 14:00 – 15:30
	Yin Christina Theilg. 17:00 – 18:30	Back class Jack Davis (ENG) 17:00 – 18:30	Prenatal ♦ Agnieszka Bera 17:00 – 18:30 6x	Hatha (ENG) Marcello Real 17:00 – 18:30		Saturday afternoon Workshops	Power (ENG) Tamas Rakosi § 16:30 – 18:00
	Jivamukti Tina Andersen 17:00 – 18:30	Restoratives Ann B Hansen 17:00 – 18:30	Vinyasa Ann-SofiePackert 17:00 – 18:30	Iyengar II (ENG) Eve Holbrook* 17:00 – 18:30	Kundalini Spirit Rubén Ricárdez 17:00 – 18:30		Sunday night Workshop
Evening	Iyengar (ENG) Eve Holbrook* 19:00 – 20:30	Sweaty Vi (NEW) Rachel Sandage 19:00 – 20:30	Yin Zerina Konic § 19:00 – 20:30	Vinyasa Wiebke J (ENG) 19:00 – 20:30			Workshop dinner See dates.
	Kundalini Relax Rubén Ricárdez 19:00 – 20:30	Iyengar Marie-Louise T 19:00 – 20:30	Iyengar Friederike Hertel 19:00 – 20:30	Restoratives Jack Davis (NEW) 19:00 – 20:30	Friday night Workshop		
	Dinner 20:45 See dates.	Dinner 20:45 See dates.		Dinner 20:45 See dates.			

* Eve from New York is "subletting" these two classes until September from Claus/Jack
 § Maternity leave subs for Sandy and Claudia, respectively

Styles



(DK) = class taught in Danish only
 (ENG) = class taught in English only
 All other in English or Danish as needed

♦ = a course (fixed sequence) for a fixed price.

Regular classes cost 1 punch, but there is a one-time price 145 DKK

Punches are bought by refilling your account:

3 punches 375 DKK	9 punches 965 DKK	Auto-refill option
20 punches 1.975 DKK	30 punches 2.845 DKK	8 punches 685 DKK/month
40 punches 3.645 DKK	50 punches 4.375 DKK	12 punches 975 DKK/month
60 punches 5.075 DKK	80 punches 6.445 DKK	(minimum 6 months)
	100 punches 7.645 DKK	

New students are entitled to buy 3 punches one time for 225 DKK. We offer 2 punches extra for students, unemployed, and seniors on 9 punches, and 4 punches extra on 20 punches only. Whenever you are down to 3 punches or less there they expire after 3 months, unless you refill.

Sign-up and payment is done on www.yoganet.dk that accepts payments online with Dankort, MasterCard, Maestro, Visa, Visa Electron, JCB, and American Express.

You can also buy gift certificates on Yoganet for 225 DKK (for new students), 375 DKK, 550 DKK and 1075 DKK.