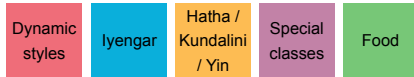


Schedule March 6th to April 26th 2020

Special Easter Schedule April 9th-13th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	Yin Christina Theilg. 08:30 – 09:45		Hatha Thomas Elneg. 07:30 – 08:45				
	Power (ENG) Claudia Kjems 10:00 – 11:30	Hatha (ENG) Anu R-E 09:30 – 11:00	Vinyasa (ENG) Isabella M 10:00 – 11:30	Hatha Morten Kok 10:00 – 11:30	Iyengar Jack Davis (ENG) 08:30 – 10:00	Vinyasa(ENG) Christiane Bl. 09:00 – 10:30	Hatha Morten Kok 10:00 – 11:30
Late morning	Gentle Hatha Ann B Hansen 10:00 – 11:30					Yin Zerina Konic 11:00 – 12:30	Light Vinyasa Isabella M (ENG) 10:00 – 11:30
		Mom&Baby Anu R-E (ENG) 11:30 – 13:00 6x				Saturday Workshops	Sunday noon Workshops
After-noon			Gentle/ Restoratives Marie-Louise T 15:15 – 16:45	Yin Christina Theilg. 15:15 – 16:45	Flow (ENG) Sandy Leu NEW 15:15 – 16:45	Workshop lunch See dates.	Yin (ENG) Sandy Leu NEW 14:00 – 15:30
	Yin Christina Theilg. 17:00 – 18:30	Back class Jack Davis (ENG) 17:00 – 18:30	Prenatal Anu R-E (ENG) 17:00 – 18:30 6x	Hatha Thomas Elneg. 17:00 – 18:30	Restoratives Sandy Leu NEW 17:00 – 18:30	Saturday afternoon Workshops	Kundalini: Health Rubén Ricárdez 14:30 – 16:00
Evening	Vinyasa (ENG) Christiane Bl. 17:00 – 18:30	Restoratives Ann B Hansen 17:00 – 18:30	Power (ENG) Claudia Kjems 17:00 – 18:30	Iyengar II (ENG) Jack Davis 17:00 – 18:30	Kundalini Spirit Rubén Ricárdez 17:00 – 18:30	Hatha (ENG) Isabella M 16:00 – 17:30	Vinyasa Olga Nakling S 16:30 – 18:00
	Iyengar (ENG) Jack Davis 19:00 – 20:30	Sweaty Vinyasa Claudia K NEW 19:00 – 20:30	Yin Zerina Konic 19:00 – 20:30	Vinyasa Wiebke J (ENG) 19:00 – 20:30	Friday night Workshop		Sunday night Workshop
	Kundalini Relax Rubén Ricárdez 19:00 – 20:30	Iyengar Marie-Louise T 19:00 – 20:30	Iyengar Friederike Hertel 19:00 – 20:30	Hatha Christina Grunw. 19:00 – 20:30			Workshop dinner See dates.
	Dinner 20:45 See dates.	Dinner 20:45 See dates.		Dinner 20:45 See dates.			

Styles



(DK) = class taught in Danish only
(ENG) = class taught in English only
All other in English or Danish as needed

◆ = a course (fixed sequence) for a fixed price.

Regular classes cost 1 punch, but there is a one-time price 145 DKK

Punches are bought by refilling your account:

3 punches 375 DKK	9 punches 965 DKK	Auto-refill option
20 punches 1.975 DKK	30 punches 2.845 DKK	8 punches 685 DKK/month
40 punches 3.645 DKK	50 punches 4.375 DKK	12 punches 975 DKK/month
60 punches 5.075 DKK	80 punches 6.445 DKK	(minimum 6 months)
	100 punches 7.645 DKK	

New students are entitled to buy 3 punches one time for 225 DKK. We offer 2 punches extra for students, unemployed, and seniors on 9 punches, and 4 punches extra on 20 punches only. Whenever you are down to 3 punches or less there they expire after 3 months, unless you refill.

Sign-up and payment is done on www.yoganet.dk that accepts payments online with Dankort, MasterCard, Maestro, Visa, Visa Electron, JCB, and American Express.

You can also buy gift certificates on Yoganet for 225 DKK (for new students), 375 DKK, 550 DKK and 1075 DKK.