

## POP-UP classes

Besides all the regular weekly classes and workshops please enjoy these EXTRAS :

### Iyengar Basics with Jack Davis (ENG)

community class = 50 DKK or 1 punch

Saturday September 15<sup>th</sup> 12:30-13:45

Saturday October 20<sup>th</sup> 12:30-13:45

Saturday November 17<sup>th</sup> 12:30-13:45

Saturday December 15<sup>th</sup> 12:30-13:45

### Restorative Yoga with Ann Hansen

Friday September 14<sup>th</sup> 19:00-20:30